

# Monty's Café

Everything is freshly prepared and cooked to order.

## BREAKFAST SERVED ALL DAY

<b>Full English</b> Two sausages, two eggs, two bacon, tomato, beans and toast	<b>£6.95</b>	<b>Eggs Benedict</b> Bacon, spinach, poached eggs and hollandaise on an English muffin	<b>£6.80</b>	<b>Pancakes</b> With grilled bacon or fresh fruit and Maple syrup	<b>£5.25</b>
<b>Vegetarian</b> Two vegetarian sausages, tomatoes, mushrooms, eggs, beans and toast	<b>£6.75</b>	<b>Eggs Florentine</b> Spinach, poached eggs and hollandaise on a English muffin	<b>£6.45</b>	<b>Pancakes</b> Stuffed with mushrooms, spinach and cheddar	<b>£6.95</b>
<b>Scrambled Eggs</b> Three eggs scrambled with toast on the side	<b>£5.25</b>	<b>Eggs Royale</b> Smoked salmon, spinach, poached eggs and hollandaise on a English muffin	<b>£6.80</b>	<b>Bagel</b> Smoked salmon, cream cheese and rocket	<b>£5.70</b>
Topped with smoked salmon	<b>£5.95</b>	<b>Eggy bread and bacon sandwich</b>	<b>£5.75</b>	<b>Bagel</b> Melted cheddar, bacon and poached eggs on an open bagel	<b>£6.95</b>
or mixed with blue cheese and bacon		<b>Two Boiled eggs and toasted soldiers</b>	<b>£4.50</b>	<b>Muesli</b> Fresh fruit and yoghurt	<b>£4.50</b>
<b>Two Poached Eggs on Toast</b>	<b>£4.50</b>	<b>Sandwiches or Toasties</b> Three rashers of bacon or three sausages in white, granary or gluten free bread	<b>£4.50</b>	<b>Chef's Brunch</b> Two poached eggs with avocado and tomato on toasted bloomer, a pot of houmous and button mushrooms	<b>£6.75</b>
<b>Chef's Breakfast</b> A mix of new potatoes, caramelised onions, cherry tomatoes, spinach, sausage, button mushrooms, two poached eggs and toasted bloomer	<b>£6.95</b>	<b>Omelette</b> Our three egg omelette comes with ham, mushrooms and cheddar.	<b>£6.95</b>		
<b>Vegetarian sausages available</b>					

ADD ANY EXTRAS:- BEANS, BLACK PUDDING, MUSHROOMS, BACON, SAUSAGE, EGG, SAUTÉED POTATOES - £1.00 TOAST (GLUTEN FREE AVAILABLE) - £1.50

## MONTY'S CLASSICS

A selection of dishes done the Monty's way

<b>Soup of the Day</b>	<b>£4.50</b>
<b>Bubble and Squeak</b> Potato cake made with Savoy cabbage, leek and red onion, topped with grilled bacon and two fried eggs	<b>£7.50</b>
<b>Ham, Eggs and Chips</b> Devon cooked ham with two fried eggs and skinny fries	<b>£7.25</b>
<b>Sausage and Mash</b> Three sausages on a bed of spring onion mash, with our homemade red wine gravy and caramelised onions	<b>£7.45</b>
<b>Nachos</b> Served with sour cream, salsa, guacamole dips and jalapenos	
<b>Vegetarian</b>	<b>£5.95</b>
<b>Spicy chicken</b>	<b>£6.95</b>
<b>Chilli</b>	<b>£6.95</b>
<b>Jacket Potatoes</b>	
Cheese and beans	<b>£6.45</b>
Tuna Mayo	<b>£6.45</b>
Prawns and Marie Rose	<b>£6.75</b>
Chilli and Cheese	<b>£6.75</b>

## FROM OUR GRILL

Our 6oz rib eye steaks, chicken breasts and burger mince are supplied by our local butcher, Jones and Champion

<b>Beef Burgers</b> Homemade burgers with skinny fries	
<b>Plain</b>	<b>£6.75</b>
<b>Cheese and Bacon topping</b>	<b>£7.45</b>
<b>Blue Cheese and Avocado</b>	<b>£7.45</b>
<b>Steak Sandwich</b> Rib eye steak cooked to order, with mushrooms, spinach and caramelised onions, in toasted bloomer with fries	<b>£ 8.95</b>
<b>Hot-Hobs</b> A half open baguette with a choice of toppings:	
<b>Grilled chicken, bacon, BBQ sauce and melted cheddar</b>	<b>£7.95</b>
<b>Rib eye steak with melted blue cheese</b>	<b>£8.95</b>
Both come with skinny fries and a salad bowl	
<b>Surf and Turf</b> Rib eye steak cooked to order, with scampi, tartare sauce, skinny fries and a salad bowl	<b>£9.45</b>

## FROM THE SEA

All our fish arrives daily from our local supplier Rex Down

<b>Fish and Chips</b> Tribute Ale beer battered fish with homemade chunky chips, mushy peas and tartare	<b>£7.95</b>
<b>Fishcakes</b> Two homemade fishcakes, served with a mixed leaf salad and sweet chilli sauce	<b>£7.75</b>
<b>Fishfinger Sandwich</b> Homemade and served in a toasted bun, with lettuce and tartare sauce, served with chunky chips	<b>£6.95</b>
<b>Seafood Pancakes</b> Prawns, smoked salmon, white fish and peas mixed in a white wine sauce, wrapped in two pancakes, topped with cheddar and baked in the oven	<b>£7.75</b>
<b>Scampi and Chips</b> Served with skinny fries, tartare, and a choice of salad or peas	<b>£7.50</b>
<b>Seafood Pie</b> Homemade seafood pie with a cheddar & mashed potato topping, served with peas	<b>£7.95</b>

## SPECIALS BOARD

Please check this for our Daily Specials

ADD ANY EXTRAS:- FRIES, ONION RINGS, OLIVES AND BREAD, GARLIC CIABATTA, SALAD BOWL - £2.50 CHUNKY CHIPS - £3.50

PLEASE PLACE YOUR ORDER AT THE COUNTER WHEN YOU ARE READY

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## PANINIS OR CIABATTAS

*Made fresh to order, served with a salad garnish*

~ Roasted Vegetables with Houmous, Sundried Tomatoes and Mozzarella	£6.50
~ Grilled Bacon or Ham with Brie and Cranberry Sauce	£6.30
~ Tomato and Mozzarella with Pesto	£6.25
~ Spicy Chicken, Tomato, Mozzarella and Jalapenos	£6.50
~ Chorizo Sausage, Mushrooms, Sundried Tomatoes and Mozzarella	£6.55
~ Chicken, Avocado and Mozzarella	£6.45

## SANDWICHES OR BAGUETTES (ADD 50P)

*Made fresh to order, served with a salad garnish*

~ Crab, sprinkled with Cracked Pepper and Mixed Leaf	£5.95
~ B.L.T. Grilled Bacon served with Lettuce, Tomato and Mayo	£5.50
~ Tuna Mayonnaise with Leaves and a dash of Sweet Chilli	£5.25
~ Prawns with Marie Rose Sauce, Cucumber and Mixed Leaf	£5.75
~ Chicken with Avocado, Mixed Leaves and Pesto Mayo	£5.45
~ Ham with Mature Cheddar and Pickle	£5.25

## MONTY'S HOT AND COLD DRINKS

	Reg	Large
Espresso	£1.50	£1.75
Americano	£1.65	£1.90
Latte	£2.30	£2.70
Cappuccino	£2.30	£2.70
Flat White		£2.20
Mochaccino	£2.50	£2.90
Frappe		£2.95
Chai Latte	£2.30	£2.70
Pot of Tea	£1.50	
Speciality Tea	£1.70	
Iced Tea	£2.50	
Hot Chocolate	£2.30	£2.70
Death by Chocolate		£3.50
Milkshakes		£2.95
Fruit Juice		£1.50
Soft Drinks and bottled waters	from £1.50	

We also serve wine, beers, ciders and spirits

**Cream Tea** £4.75  
Pot of tea, 2 scones with jam and clotted cream  
Toasted Teacake, Cakes, muffins and cookies are also available at the counter

## CONTACT US

Facebook - montys plymouth  
Website - montyscafeplymouth.co.uk  
Instagram - montys\_cafe  
Phone - (01752) 252877

## HIRE US

We host evening parties, buffets and early working business breakfasts. Looking for a private venue for a special occasion? Please ask a member of staff for more details

## SALADS

*Our salad leaves and vegetables arrive daily from our local supplier just over the Tamar Bridge in Cornwall*

<b>Caesar</b>	£7.45
Chicken with cos lettuce, bacon, anchovies, croutons, parmesan shavings and Caesar dressing	
<b>Salmon</b>	£8.45
Smoked salmon filled with avocado on a bed of mixed leaf, with a mango and chilli dressing, topped with pine nuts	
<b>Greek</b>	£7.95
Houmous, roasted Mediterranean vegetables, olives, sun dried tomatoes, mixed leaf, feta cheese and hot pitta breads	
<b>Crab</b>	£8.45
A white crab meat tower with a layer of avocado, cos leaves, a sprinkle of parmesan and our own honey and mustard dressing	

## CHILDREN'S MENU

<b>Fruit and Yoghurt</b>	£2.95
<b>Scrambled Egg and Toast</b>	£3.45
<b>Two Egg Cheese Omelette</b>	£3.45
<b>Mini English</b>	£3.45
Egg, sausage, beans and toast	
<b>Cheese and Tomato Pizza Baguette</b>	£2.95
<b>Macaroni Cheese</b>	£3.45
<b>Houmous and Pitta Bread</b>	£2.95
<b>Fish Fingers, Chips and Peas</b>	£3.95
<b>Sausage, Chips and Beans</b>	£3.45
<b>Cheesy Nachos with Dips</b>	£3.45

## ALLERGENS

We can provide full details about the presence of allergens in all of our dishes. Please ask a member of our team for more details.

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